



## Mother Nature Academy, LLC

### Learning Through Play

“Play is one of the main ways in which children learn. It helps to build self-worth by giving a child a sense of his or her own abilities and to feel good about themselves. Because it’s fun, children often become very absorbed in what they are doing. In turn, this helps them develop the ability to concentrate. Providing children with a range of playthings will help them learn in a number of ways:

Sand and water play can be an early introduction to science and math, eg. learning that water is fluid, not solid, and that it can be measured in different sized containers.

Playing with dough, drawing and painting pictures, dressing up, playing with dolls can encourage creativity, imagination and expression of feelings.

Building blocks, jigsaws and shape sorters can help with recognizing different shapes and sizes, putting things in order and developing logic.

Playing ball games, dancing, running, climbing all help to develop body movement, strength, flexibility and co-ordination skills.

Games help with turn taking, sharing and mixing with others.

Singing, playing simple music instruments help to develop rhythm, listening and hearing.”

An excerpt from Familylives.org

To read full article go to:

<https://www.familylives.org.uk/advice/toddler-preschool/learning-play/how-children-learn-through-play/>

### Base-line Development Reports

The Base-line Development reports will be given out on the 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup>, of December. These reports will consist of a letter that will tell you what we will be focusing on for your child and ways that you can help develop these skills at home, and a chart that will show if your child is beginning, developing, or proficient in certain skills. No child will be proficient in every area of development.

We do not require that parents come in for parent/teacher conferences because some families may have time concerns; however, if you have questions, concerns, or just want the Development Report explained, please email us so we can set up a time to meet on your schedule.

*Everybody is a Genius. But If You Judge a Fish by Its Ability to Climb a Tree, It Will Live Its Whole Life Believing that It is Stupid.*

*- Albert Einstein*

#### Dates to remember:

Dec 22<sup>nd</sup> – Jan 7<sup>th</sup> – Winter break.



Digging up sweet potatoes



Making a fort.



Learning to match capital letters to lowercase letters by putting Band-Aids on a baby.



Fishing with poles made of yarn and sticks.



Playing in the fort made earlier that week.



Searching for dinosaur fossils.